

**DRUM RUDIMENTS**

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The sticking patterns we've come to know as the traditional drum rudiments began as military drum calls and evolved over hundreds of years. Today these fundamental patterns are used by all types of drummers to develop technical proficiency, strength, speed, and endurance. The basic beats are made up of single strokes, double strokes, grace notes and combinations of those strokes that have become standardized. Here are some suggestions on how to get the most out of practicing the Rudiments:

- Start all patterns with both the right and the left hands.
- Practice all different tempos and dynamic levels.
- Play the Rudiments with your hands and feet.
- Apply the Rudiments to the drumset.
- Make up your own "rudimental" sticking patterns and exercises.

**I. ROLL RUDIMENTS**

**A. Single Stroke Roll Rudiments**

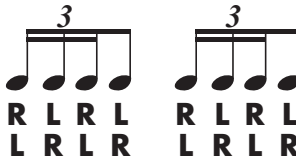
1. Single Stroke Roll\*



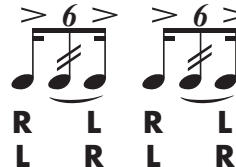
7. Five Stroke Roll\*



2. Single Stroke Four



8. Six Stroke Roll



3. Single Stroke Seven



9. Seven Stroke Roll\*



**B. Multiple Bounce Roll Rudiments**

4. Multiple Bounce Roll



10. Nine Stroke Roll\*



5. Triple Stroke Roll



11. Ten Stroke Roll\*



**C. Double Stroke Open Roll Rudiments**

6. Double Stroke Open Roll\*



12. Eleven Stroke Roll\*



\*These rudiments are also included in the original Standard 26 American Drum Rudiments.

**DRUM RUDIMENTS (Continued)**

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13. Thirteen Stroke Roll\*

R R L L L L R R

14. Fifteen Stroke Roll\*

R L L R R L R L

15. Seventeen Stroke Roll

R R L L L L R R

**II. DIDDLE RUDIMENTS**

16. Single Paradiddle\*

R L R R L R L L

17. Double Paradiddle\*

R L R L R R L R L R L L

18. Triple Paradiddle

R L R L R L R R L R L R L R L L

19. Single Paradiddle-Diddle

R L R R L L R L R R L L  
L R L L R R L R L L R R

**III. FLAM RUDIMENTS**

20. Flam\*

L R R L

21. Flam Accent\*

L R L R R L R L

22. Flam Tap\*

L R R L L L R R L L

23. Flamacue\*

L R L R L L R R L R

24. Flam Paradiddle\*

L R L R R R L R L L

25. Single Flammed Mill

L R R L R R L L R L

26. Flam Paradiddle-Diddle\*

L R L R R L L R L R L L R R

27. Pataflafla

L R L R R L L R L R R L

28. Swiss Army Triplet

L R R L L R R L R L L R R L L R

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**DRUM RUDIMENTS (Continued)**

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29. Inverted Flam Tap

**L R L R L R L R L R**

30. Flam Drag

**L R L L R R L R R L**

**IV. DRAG RUDIMENTS**

31. Drag\*

**L L R R R L**

32. Single Drag Tap\*

**L L R L R R L R**

33. Double Drag Tap\*

**L L R L L R L R R L R R L R**

34. Lesson 25\*

**L L R L R R R L R L R R L R L**

35. Single Dragdiddle

**R R L R R L L R L L**

36. Drag Paradiddle #1\*

**R L L R L R R L R R L R L L**

37. Drag Paradiddle #2\*

**R L L R L L R L R R L R R L R R L R L L**

38. Single Ratamacue\*

**L L R L R L R R L R L R**

39. Double Ratamacue\*

**L L R L L R L R L**

40. Triple Ratamacue\*

**L L R L L R L L R L R L R R L R R L R R L R L R**

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